

# Zone Health Action Plan Worksheet

School:

Date:

Assessment Area Objective Baseline Grade	List Resources for Improvement	List Barriers to Improvement	1. Circle desired objective level 2. Draft your objective			Action Steps- How to Get There
<b>District Team Building</b>  School level teams will plan and implement wellness initiatives  Grade: <b>n/a</b>	1. District SHAC active and meets regularly  2. Superintendent and school board supportive of wellness initiatives.  3. Several community members interested in volunteer opportunities	1. School staff experiencing meeting fatigue, busy schedules  2. Wellness seen as another add-on responsibility to teaching students	<b>Better</b>	<b>Best</b>	<b>Other</b>	1. District SHAC will host a wellness fair for school staff to recruit individuals interested in joining their school-level wellness teams. 2. District SHAC will offer staff incentives to encourage participation. 3. SHAC membership will be expanded to include a representative from each school-level wellness team to enhance coordination of wellness efforts across the district.
			<b>By:</b> The end of 2009-10 school year  <b>Objective:</b> Each school will have a wellness committee with at least 5 members that meets a minimum of 3 times/year.  <b>Measured by:</b> Schools will take attendance and record minutes or notes at wellness committee meetings. These details will be submitted to the district SHAC at the end of the school year.			
			<b>Better</b>	<b>Best</b>	<b>Other</b>	
			<b>Better</b>	<b>Best</b>	<b>Other</b>	
			<b>By:</b>  <b>Objective:</b>  <b>Measured by:</b>			
Grade:						

Example

# Action Plan Worksheet

Date:  
Team Members:

Assessment Area Objective Baseline Grade	List Resources for Improvement	List Barriers to Improvement	1. Circle desired objective level 2. Draft your objective			Action Steps- How to Get There
<div style="background-color: #cccccc; height: 20px; margin-bottom: 5px;"></div>          Grade: 			<b>Better</b>	<b>Best</b>	<b>Other</b>	
Grade: 			<b>Better</b>	<b>Best</b>	<b>Other</b>	
Grade: 						