

PHARMACOTHERAPY OPTIONS

QUITLINE NC
1-800-QUIT-NOW
800-784-8669

MEDICATION	AVAILABILITY	CAUTIONS	SIDE EFFECTS	DOSAGE	USE	AVERAGE COST
BUPROPION SR 150	PRESCRIPTION ONLY: * ZYBAN * WELLBUTRIN SR * GENERIC SR	NOT FOR USE IF YOU: * CURRENTLY USE A MONOAMINE OXIDASE (MAO) INHIBITOR * USE BUPROPION IN ANY OTHER FORM (ZYBAN/WELLBUTRIN) * HAVE A HISTORY OF SEIZURES * HAVE A HISTORY OF EATING DISORDERS	* INSOMNIA * DRY MOUTH * HEADACHE * AGITATION * 0.1% SEIZURE RISK * CAUTION IN ELDERLY * SUICIDE & CARDIAC PRECAUTIONS	* DAYS 1-3: 150 MG EACH MORNING * DAYS 4-END: 150 MG TWICE DAILY	START 1-2 WEEKS BEFORE QUIT DATE; USE 2 TO 6 MONTHS	1 BOX OF 60 TABLETS, 150 MG: * Z: \$185.99 * W: \$167.99 * G: \$101.99
NICOTINE GUM (2 MG OR 4 MG)	OTC ONLY: * NICORETTE * GENERIC	* CAUTION WITH DENTURES * DON'T DRINK ACIDIC BEVERAGES DURING USE * CARDIAC PRECAUTIONS	* MOUTH SORENESS * SALIVATION * BELCHING/HICCUPS * STOMACHACHE	* 1 PIECE EVERY 1 TO 2 HOURS * IF \leq 24 CIGS: 2 MG * IF \geq 25 CIGS/DAY OR CHEWING TOBACCO: 4 MG	UP TO 12 WEEKS OR AS NEEDED	2 MG BOX OF 50: * N: \$29.99 * G: \$22.99 4 MG BOX OF 50: * N: \$32.99
NICOTINE INHALER	PRESCRIPTION ONLY: NICOTROL INHALER	* MAY IRRITATE MOUTH/THROAT AT FIRST (BUT IMPROVES WITH USE) * DON'T DRINK ACIDIC BEVERAGES DURING USE * CARDIAC PRECAUTIONS	* LOCAL IRRITATION OF MOUTH AND THROAT * COUGH * HEADACHE * NAUSEA * BRONCHOSPASM	* 6-16 CARTRIDGES/DAY * INHALE 80 TIMES/CARTRIDGE * MAY SAVE PARTIALLY-USED CARTRIDGE FOR NEXT DAY	UP TO 6 MONTHS; TAPER AT END	1 BOX OF 168 CARTRIDGES = \$166.99
NICOTINE LOZENGE (2 MG OR 4 MG)	OTC ONLY: * COMMIT * GENERIC (NICABATE)	* DO NOT EAT OR DRINK 15 MINUTES BEFORE OR DURING USE * ONE LOZENGE AT A TIME * LIMIT 20 IN 24 HOURS * CARDIAC PRECAUTIONS	* HICCUPS * COUGH * HEARTBURN * HEADACHE * NAUSEA * FLATULENCE	* 2 MG: IF SMOKING AFTER FIRST 30 MINUTES YOU'RE AWAKE * 4 MG: IF SMOKING WITHIN FIRST 30 MIN. YOU'RE AWAKE * WEEKS 1-6: 1 EVERY 1-2 HRS * Wks 7-9: 1 EVERY 2-4 HRS * Wks 10-12: 1 EVERY 4-8 HRS	UP TO 12 WEEKS	2 MG, 48 TABLETS: * COMMIT: \$29.99 4 MG, 48 TABLETS= * COMMIT: \$29.99 * GENERIC: \$24.99
NICOTINE NASAL SPRAY	PRESCRIPTION ONLY: NICOTROL NS	* NOT FOR PATIENTS WITH ASTHMA * MAY IRRITATE NOSE (IMPROVES OVER TIME) * MAY CAUSE DEPENDENCE * CARDIAC PRECAUTIONS	* NASAL/THROAT IRRITATION * RHINORRHEA * HEADACHE * COUGH * BRONCHOSPASM	* 1 "DOSE" = 1 SQUIRT PER NOSTRIL * 1 TO 2 DOSES PER HOUR * 8 TO 40 DOSES PER DAY * DO NOT INHALE	3-6 MONTHS; TAPER AT END	1 BOX OF 40 ML = \$190.99
NICOTINE PATCH	OTC: * NICODERM CQ * HABITROL * GENERIC PRESCRIPTION: * GENERIC (LEGEND)	* DO NOT USE IF YOU HAVE SEVERE ECZEMA OR PSORIASIS * CARDIAC PRECAUTIONS	* SKIN IRRITATION * INSOMNIA	* ONE PATCH PER DAY * IF \geq 10 CIGS/DAY: 21 MG FOR 4 WKS, THEN 14 MG FOR 2 WKS, 7 MG FOR 2 WKS * IF $<$ 10/DAY: 14 MG FOR 4 WKS, 7 MG FOR 4 WKS	6-8 WEEKS	21 MG, BOX OF 7: NICODERM: \$29.99 GENERIC: \$21.99 14 MG, BOX OF 7: NICODERM: \$29.99 GENERIC: \$21.99
VARENICLINE	PRESCRIPTION ONLY: CHANTIX	USE WITH CAUTION AND CONSIDER DOSE REDUCTION IN PATIENTS: * WITH SIGNIFICANT RENAL IMPAIRMENT * UNDERGOING DIALYSIS * CARDIAC PRECAUTIONS * DEPRESSION, SUICIDAL IDEATION & OTHER BEHAVIORAL CHANGES	* NAUSEA * INSOMNIA * ABNORMAL DREAMS * HEADACHE * FATIGUE	* DAYS 1-3: 0.5 MG EVERY MORNING * DAYS 4-7: 0.5 MG TWICE DAILY * DAY 8-END: 1 MG TWICE DAILY	START 1 WEEK BEFORE QUIT DATE; USE 3-6 MONTHS	COST VARIES. APPROXIMATELY \$115 PER MONTH (\$3.70 PER DAY)

* THE DECISION TO USE QUIT SMOKING MEDICATIONS WITH PREGNANT PATIENTS IS BETWEEN THE PRENATAL PHYSICIAN AND THE PATIENT.